



MAY 2015

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The Common Cup

If there is one place where we who confess the same truths should be as one, it is at the altar. We are one body- the Communion of Saints, just as we share and confess one faith. Concerns raised regarding the common cup are normally two-fold. First, there may be practical questions of how to receive and hold it. The pastor and elders are trained to help guide someone so that it quickly becomes familiar. Some also have concerns about potentially receiving germs. Rest assured that the scientific community has clearly and repeatedly demonstrated that such fears are completely unfounded.

The following piece entitled "the Common Cup and Disease" is quoted in an appendix to the Altar Guild Manual (CPH, 1996, authorized by the LCMS Commission on Worship):

"Can I get sick from using the common cup? No! The use of the common cup was traditional in all Christian churches until this century and was eliminated because of fears about sanitary matters concerning the transmission of disease.... A thorough study on the use of the common cup was done by professors Burroughs and Hemmers in 1965 and was reported in the Journal of Infectious Diseases. Their conclusion was: Experiments on the transmission of organisms from one person to another by common use of the chalice showed that 0.001% of the organisms transferred even under the most favorable conditions and when conditions approximated those of actual use, no transmission could be detected. Recent concerns about the transmission of AIDS confirm this study. Dr. David Ho in the New England Journal of Medicine (December 1985) provided documentation that verified that there was no spread of the AIDS virus in saliva through common eating or drinking utensils.... Lutherans should remember that Martin Luther restored the cup when Roman Catholics had all but eliminated it from the peoples' Communion. He did it because his loyalty was to the command of Christ in the Bible. **The use of the common cup was normative until the late nineteenth century and was eliminated in those churches in which Communion was not understood as being the Body and Blood of Christ.** Some Lutherans allow other methods of distribution, believing that the method of distribution does not matter. However, the use of the common chalice retains that which Our Lord indicated was His desire. And its effect, where used, is to transmit not only salvation but also the oneness that comes from sharing the Blood of Christ from the Chalice in common with one's sisters and brothers."

In the end, we believe that the Chalice:

1. is Scriptural. It is the exact method used by Christ and is what He was referring to when He said, "Drink of it, all of you."
2. emphasizes Biblical unity contrary to individualism;
3. is in line with the practice of Christ, His disciples, the early church, the church catholic and our Lutheran forefathers,
4. is a confession of faith that Christ would not give us anything that would contain that which would harm us;
5. is preferable for the very reasons it has gone into disuse and is quite simple and practical to administer; and
6. is more in line with the doctrine of the Real Presence and those churches that confess it.

Of course, we do not want to burden anyone's conscience and not have them come to Communion, so we do offer the individual cups. This article is not some kind of mandate that we will be going to the chalice only. I just want you all to start thinking. Thinking theologically. And how that is expressed in our practice in the Church, because what we do teaches.

Pastor Peck



Lutheran Women In Mission

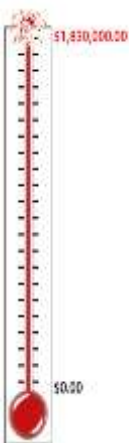
Welcome to all women of the congregation!

“Great is the Harvest”

Luke 2:10 *And he said to them, “The harvest is plentiful, but the laborers are few. Therefore pray earnestly to the Lord of the harvest to send out laborers into His harvest.”*

LWML Mission Goal Reached - Thanks be to God!:

The Lutheran Women's Missionary League (LWML) is overjoyed to announce that the 2013-2015 Mission Goal of \$1.83 million was met and surpassed. To date, the total for the biennium is \$1,849,178.96, with one district's March mites yet to be counted. In an eNews dated March 5, 2015, supporters were asked to pray, as eleven Mission Grants still required full or partial funding before the end of the fiscal biennium on March 31, 2015. After the announcement of the mites' shortfall, many districts and single donors responded with additional gifts. All praise to our Lord, Jesus Christ, for gracious giving.



The LWML praises God for faithful givers who, by the grace of God, have made possible the complete funding of these Mission Grants for the 2013-2015 biennium.

ALL WOMEN are invited to join us as we attend the LWML Zone Spring Workshop at Faith Lutheran Church (Federal & I-70) on Saturday, May 2 beginning at 8:30 a.m. We will all be working on putting together hygiene kits, as well as tying fleece blankets. These will all be transported to Des Moines, IA to the National LWML Convention in June and loaded on semi trucks belonging to Orphan Grain Train to be distributed to those in need. Pray for our ladies and the recipients of these items.

Bethesda Lutheran Homes Auxiliary will again be sharing their craft items to sell at Wheat Ridge on Sunday, May 3. Join them in the fellowship hall and pick up an item or two.

The LWML Women in Mission will also have a **Bake Sale** to raise funds to buy gift cards and Keurig Cups for the students at the University Lutheran Chapel at CU Boulder.

“Make A Difference Day”

Sunday, May 3 the LWML will leave the church at 3:30 pm and carpool to Boulder Lutheran Chapel to serve dinner to the University Lutheran Chapel students. We first will attend worship with them at 5:00 p.m. and then provide dinner at 6:00 p.m.. We will present the gift cards and Keurig Cups to the students at this time.

LWML Meeting

Saturday, May 9 at 9:00 am

All women are welcome!

MITE SUNDAY IS MAY 17

We invite you to support our Mission Grants with your gifts at the Fellowship Coffee Table. Thank You!

Feed the Future Program

We will discontinue collecting plastic bags grocery bags during the summer months. We will begin again in September. Thank you for your contributions.

VACATION BIBLE SCHOOL

“Giddy-Up For God”

9:00 a.m. to noon

June 8-12, 2015

Members are encouraged to offer their support and prayers as the Board of Christian Education takes on this important responsibility. We ask you to prayerfully consider how you can assist the board. Speak to Sheila Fornall for ideas.





STEPHEN
MINISTRY

Are You Going through a Difficult Time?

Are you struggling with the loss of a loved one, loneliness, cancer, a layoff, relocation, divorce, a spiritual crisis, single parenthood, or any other countless other life challenges? Our Stephen Ministers can provide you with the focused care, encouragement,

and support you need to make it through the crisis. If you are hurting, talk with one of our Stephen Leaders: Judy Kugler, Eady Broscheit, or Joe Broscheit. They can talk with you about how we can connect you with one of our Stephen Ministers. **Our Stephen Ministers are here to care!**

COLORADO LUTHERAN HIGH SCHOOL ASSOCIATION - PARKER

Lutheran High Gets New Practice Room

As Lutheran High continues to grow, the staff and students have continued to face the challenges of a full building with unique and creative solutions. The music department took on one of those difficulties recently with the addition of a practice room. With every room in the building being used every block, students and teachers have had nowhere to go to practice or use a piano. The new room solves this problem giving students a state of the art room to work on developing their gifts and talents.

The room, made by Wenger Corporation, features sound isolating walls giving students the freedom to practice without being heard outside the room during other classes. The room also features recording and playback technology as well as adjustable acoustics. If a student is practicing to sing the national anthem at a basketball game, they can set the acoustics of the room to echo the way a gym does.

Already the room is getting a workout as students use it to practice for band, choir, chapel, and other events. The Lutheran High music department and music students want to thank the individuals that made donations to make this room a reality. It is a blessing that will be used for many years to come.

Contact the church office for details on how you can support this important ministry.

LUTHERAN FAMILY SERVICES

The Lutheran Family Services Older Adult and Caregiver Services program has an opening for a half-time Mental Health Counselor serving the Metro-Denver area. We are looking to grow the mental health counseling program. With that in mind, this position requires someone with, not only counseling skills, but also someone with networking and outreach skills and is interested in growing this position from part-time to full-time within the first year. Also, position requires a LCSW (Licensed Clinical Social Worker), LCP (Licensed Clinical Psychologist) or licensed psychologist to bill Medicare. An active NPI and CAQH number is preferred but not required.

To apply, please send a resume, cover letter and salary expectations to recruit@fortehumanresources.com and put OACS in the subject line.

Refugee donations: Lutheran Family Services continues to set up apartments for newly arriving refugee families. We could especially use floor lamps and coffee tables. Contact Jaime at 303.217.5181 to see if your furniture is eligible for a pick up or if you have questions.